We are back in Rauch 091! :)
Agenda

- Winter Photo Contest Winners
- External Affairs Update
- Health & Wellness Center Presentation
- Announcements
- Open Floor
Winter Photo Contest - Lehigh Campus

Winner:

Yue Pan

Congratulations, Yue! :)
Winter Photo Contest - Southside Bethlehem

Winner:

Praneetha Pulyala

Congratulations, Praneetha! :)
Winter Photo Contest - Lehigh Around the World

Winner:

Nelly Cheruiyot

Congratulations, Nelly! :)
Winter Photo Contest - Best Overall

Winner:

Sajedeh Sadat
Yazdanparast

Congratulations, Sajedeh!!! : )
No immediate updates. See updates from last week’s minutes.
Executive Director position is a new position on campus
- Designed to think about how to promote health and wellness (H&W) across the entire university campus
- Lehigh is very interested in how to put H&W at the forefront of campus culture
- Seeing the impact of stress and mental/physical health issues on UG and Grad students

Dr. Rubenstein has been here for five months so far
- How to integrate counseling, medical services, education services, and more
- How faculty and administration can hold the importance of H&W across the university
- Faculty have an obligation to integrate H&W into their classroom experience

Has focused so far primarily on H&W center and services
- Hiring new staff
- Updating procedures
- Also making updates to Johnson Hall
  - H&W is on the third floor
  - Long term, University thinking about a central space for H&W

H&W center has:
- Primary care setup
  - Medical assistance
  - Nurses and Nurse Practitioners
Physicians
- Can schedule by phone, online through the portal, or walk-in
  - Scheduling online: can only schedule up to a week in advance
  - This is intentional because many students wait to get help until they’re deep into illness
  - If you don’t see appointment online, call the center to see if they have appointment that day (they leave certain number of appointments per day for walk-ins or sudden emergencies)
- Often will see nurse first, who can treat to completion
  - If nurse can’t, then see a provider for services
  - Most services are free (a few tests with charges)
  - 95% of what is offered is free (i.e. no copay or deductible)
- M-W 8:15-4:45 (clinical time)
- Not open during evenings or weekends at the moment
  - Considering at least some evenings or weekend mornings
  - Specifically helps graduate students
- Can do various tests or labs (timeline from same-day to a few days)
  - Connected to Lehigh Valley Hospital, St. Luke’s, etc.
  - No radiology (i.e. MRIs, X-Ray, etc.)

Questions?

Someone emphasizes free over-the-counter medication

Come in, don’t delay! If you have a concern, stop in immediately

Will the newer space be on a lower, flatter part of campus that are more central and more accessible?
- This is all being taken into account about the decision
- Next steps: meet with architects to discuss plans

Dr. Rubenstein has recovered a few spaces right in front of Johnson Hall
- Let them know you’ve driven and parked and the center will give you a Lehigh parking pass
- There is an elevator, albeit an outdated one

Are there any campaigns that are being thought about to change the culture of H&W on campus?
- STI clinics offered once a semester
  - Should be offered on a weekly basis!
- Dr. R has set up liaisons that interface with the pride center, the gender violence education and support office to do joint programming, Health Advancement and Prevention Strategies
  - Medical professionals should be getting training on LGBTQIA+ health needs
○ Workings with GVES to promote competency in gender violence issues

● Wants to increase work with the counseling center to have more access and seamless collaboration
● Thinking about intentional campaigns for alcohol and drug policies and initiatives
● Met with B&W publication often
● Gave out more flu shots than ever before at Lehigh; more than a 1,000 shots this year

Interviewing for a new physician position

● Hired Nurse Practitioner, office coordinator, front office staff
● Pushing for budget to hire for another nurse and make more time for students

What does integrated care look like in this vision at Lehigh?

● One thing H&W center is going to start this semester is screen for both mental health and drug and alcohol issues any time students enter the center
  ○ Catches students who may be struggling and don’t want to report
● Mental health provider in primary care practice as part of the H&W center
● Make sure there’s a trained professional in the center to address immediate issues of stress, etc.
  ○ Saves time for folks waiting and takes some burden off physicians and NPs who may not be trained
● Share electronic health records between spaces so they only have to submit history once and all professionals have immediate access and communication

Massage chairs were removed. Disappointment to lose this.

● Was a good relaxing space
● This seems to convey more administrative focus versus student focus
● Replaced chairs that do not have more fabric (need them more comfortable and cleanable; need to hold more students)
● Lounge used to have a large sectional couch that made it difficult to seat many people
● Allows more programming and training for healthcare needs
● Until getting more space, looking to second floor and seeing if those massage chairs and spaces can be fitted

Will the expansion of appointments also consider tests and labs for things like TB?

● Dr. R might try to design specific grad student hours and locations for services
● CoE students need to get TB tests every year, so making flexibility for that at the opening of the year
● Can tests be offered up at Mountaintop instead of making students come down?
  ○ Knowing where in summer to provide other locations to provide services
● Email Dr. Rubenstein if you miss a clinic time, and they’ll figure out a
way to make it up! dar719@lehigh.edu

H&W staff has done things a certain way for a long time
- With new staff and culture, they’re working on more flexible and accommodating experiences
- Let Dr. R know if there are inflexible or less positive experiences

Do you notice differences in needs between UG and Grad students at Counseling center and H&W center
- Lot of doctoral students in late 20s, early 30s
- HAPS has not been able to reach out to consider older students
- Psychosocial stressors are vastly different for Grad students versus UG; need programs to address these nuances
  - For example, balancing academic demands with finance and future
Say It In 6

Share your research in 6 words and 1 photo for a chance at $500

Multiple categories

Winners invited to dinner with Board of Trustees

Deadline: Tomorrow @ Noon

- Say It In 6
- **Deadline is TOMORROW, 2/13 AT 12PM NOON, NO EXCEPTIONS!**
- Sum up your grad experience in 6 words and 1 original image
- 3 categories: Why research matters, this is why I’m in graduate school, unexpected discoveries
  - Form to submit
- Want responses from students
  - Overall winner is **$500!**
  - Winner of each category is **$100!** (3 winners per category)
- Winners attend BoT Reception and Dinner - Feb 27 - chance to network and panel moderated by Beth Dolan talking about why you did this
• Career Expo is **TOMORROW, 2/13 !!! :)**
• Meet recruiters from all kinds of companies to network and build relationships
Career Lunch & Learn

- Co-sponsored with GSS
- Free lunch; good spread!
- Learn about different topics; interactive experiences

Walk-in Hours with Ali!

- Folks in Iacocca Hall, Ali will be there!
- Will happen after GLO breakfasts as well!
Let’s Talk Food.

Share you narratives about food insecurity!

All submissions can be anonymous

- We don’t know a whole lot about Lehigh food access
- Some committees on campus trying to tackle food access, but seem to stall in efforts
- Fill out the Hope Survey if you see it!
- This initiative is the qualitative point behind the quantitative data from other surveys, including:
  - Stories from Lehigh students
    - We want to know what stories are about; help solutions be geared toward students
- Please fill out even if you’re not experiencing food insecurity or if you don’t think it’s important
- You can have your narrative anonymously shared at an event later this semester
- We will display the findings that we have through a gallery-style event
Graduate Club: Cultural Breakfasts

Available Dates:
Feb 20
Mar 19
Apr 2
Apr 16
Apr 30

GRADUATE CULTURAL BREAKFAST HOSTS WANTED:
We are looking for Grad Clubs to host cultural breakfasts during the semester. Here is how it works. Email gradlife@lehigh.edu to choose a Thursday at 10am to hold your breakfast. You and your club members shop and/or prepare and serve food (for about 80-100 students) specific to your club/culture. GSS helps fund expenses 1/2 the cost up to $75 and your club budget funds the rest. Cultural breakfasts are a great way to introduce a little piece of your home to Lehigh.

- Opportunities to host a club breakfast
- Up to $75 covered by GSS
- Share culture with grad student body
Collaborative EP
Submit your songs!

Collaborative EP

East Fifth Records
- Lehigh’s very own nonprofit student run record label
- Hoping to get submissions of any genre of a collaborative record
- Submissions by the end of February
- Will help with any part of songwriting process
Ice Hockey
with GLO!

Saturday, February 29th
Meet at Packer House at 5:30 pm

Only $10 for a night of fun!
Space is limited. Reserve your spot
on Market Store today

Questions? Contact Annaliese
arc319@lehigh.edu
(609)-439-2889

https://secure.touchnet.net/C20958_ustores/web/product_detail.jsp?PRODUCTID=36
Lehigh Valley Science & Engineering Research Fair

Increase awareness in STEM areas

Motivating 6th - 12th graders to pursue careers in these field

Judges needed!
Lunch & Art
Sunday, February 16th
11:15 am - 3 pm

Please RSVP by contacting Annaliese

Drivers needed!
Campus Sustainability Planning Workshops

Part 1: Understanding Progress on Lehigh’s Sustainability Goals
February 18, 12:00 - 1:30pm, UC 308
February 21, 12:00 - 1:30pm, Wood Dining Room

Part 2: Crafting a Sustainability Strategy & Goals
March 2, 12:00 - 1:30pm, Wood Dining Room
March 4, 12:00 - 1:30pm, UC 308

- From 2012 there has been a strategic sustainability plan
- Developing new plan that will take effect this year
- New plan will cover everything from energy sourcing, transp, waste reduction, water usage
- Help shape future of sustainability at Lehigh
- Submit to weekly buzz
SUNY PRODiG Fellowship

- Eligible candidates: late-stage ABDs or post-docs who are underrepresented minorities faculty in general and women faculty of all races in STEM fields.
- Two-year non-renewable contract @ SUNY comprehensive college that helps young scholars via mentorship, degree completion support, and teaching experience
- Act fast! App review began Mon., Jan. 27, but they have rolling admissions.

SUNY PRODiG Fellowship Application

Promoting Recruitment, Opportunity, Diversity, Inclusion and Growth across the SUNY Comprehensive Sector

The Comprehensive Colleges of the State University of New York system (SUNY) invite applications for the PRODiG Pre/Post-Doctoral Fellowship. The SUNY PRODiG Fellowship Consortia represents a collaborative effort of the thirteen comprehensive colleges in the SUNY system (see below). Eligible candidates for this two-year program include late-stage ABDs or post-docs who are underrepresented minorities faculty in general and women faculty of all races in STEM fields.

The focus of the collaborative is to introduce early-career diverse faculty to opportunities at a comprehensive college, and will provide outstanding mentorship and support to increase future success and retention as faculty. The program will provide intentional support toward degree completion, teaching experience in the individual's field of expertise, and faculty development at one of the SUNY comprehensive colleges.
PRODiG Fellows will receive a two-year non-renewable contract, travel allowances, summer research stipends, moving expenses, and reduced teaching load. Annual compensation is competitive. Fellows will be paired with a campus senior faculty member to help facilitate integration and support, and will be a part of a larger cohort of PRODiG Fellows across the SUNY system who will meet (both face-to-face and virtually) throughout the two-year fellowship. The fellowship is open to a wide range of fields.

Applicants must be enrolled in an accredited doctoral program in the U.S. or have completed an accredited doctoral program, and be authorized to work in the U.S. In order to be eligible, the applicant must have an approved dissertation proposal and have advanced to candidate status at their home institution (or have completed their dissertation). Post-doctoral applicants are also encouraged. Successful candidates will show evidence of outstanding academic achievement and promise as teachers and scholars. Candidates should have a capacity to respond in pedagogically productive ways to the learning needs of diverse students attending a comprehensive college.

Applicants should submit a current C.V. and letter of intent describing the applicant’s interest in teaching at a comprehensive college; a letter from the dissertation advisor commenting on the applicant’s performance, potential, and expected time to degree; and a transcript. Applicants should review the websites below for academic programs and campus locations. Within their letter of intent, applicants should include three to five campus preferences.

Application review will begin January 27 for rolling admissions. Additional information will be provided upon hire, including details on a scheduled retreat in June/July 2020.

The SUNY Comprehensives are teaching-centered institutions and include:

Brockport (Brockport, NY) https://www.brockport.edu
Buffalo State (Buffalo, NY) https://suny.buffalostate.edu
Cortland (Cortland, NY) http://www2.cortland.edu/home
Empire State (Saratoga Springs, NY) https://www.esc.edu
Fredonia (Fredonia, NY) https://www.fredonia.edu
Geneseo (Geneseo, NY) https://www.geneseo.edu
New Paltz (New Paltz, NY) https://www.newpaltz.edu
Old Westbury (Long Island, NY) https://www.oldwestbury.edu
Oneonta (Oneonta, NY) https://suny.oneonta.edu
Oswego (Oswego, NY) https://www.oswego.edu
Plattsburgh (Plattsburgh, NY) https://www.plattsburgh.edu
Potsdam (Potsdam, NY) https://www.potsdam.edu
Purchase (Purchase, NY) https://www.purchase.edu

Please email all materials and questions to: m_PRODiGprogram@brockport.edu
Lehigh University Graduate Student’s 5K

LUGS 5K supports the Travel Grants Fund

Race Date: April 19th, 2020

Volunteers needed!

Sign up at:
https://tinyurl.com/LUGS5k2020

Need volunteers. Please sign up!
Suggestion/Concern Form

Send the E-Board feedback
What issues are you facing as a grad?
Submissions can be anonymous

https://bitly.com/GSSsuggest
https://forms.gle/H45JrxGbjXb45qdh7
Open Floor
Next Meeting:
February 26, 2020
Counseling & Psychological Services
Rauch 091
ingss@lehigh.edu